

Class VIII Parent's interaction with the Principal



THE CIVIL SERVICES SCHOOL

YOU
ARE
CONFINED
only
BY THE
WALLS
YOU BUILD
YOURSELF.

Welcome Dear Parents



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Academics



- ❖ The Unit Test for Term II have already started on November 25, 2020.
- ❖ The school will now close on the 25th of December 2020 for winter break and reopen for the students on the 11th of January 2021.
- ❖ A small amount of Holiday Homework will be given for winter break to ensure that the kids are engaged and the flow of academics is maintained.
- ❖ UT-2 which was scheduled for Jan 4,2021 will now be held on Wednesday, Jan 27,2021 for Middle School.

Planning Ahead...

- ❖ Monthwise curriculum is updated on the school website.
- ❖ Dates for final exams will be shared one month in advance on the school website.
- ❖ Mark distribution, Syllabus and other details related to Annual Exams will be shared through website by second week of February.
- ❖ Syllabus for Annual term Exam will be completed by second week of February.



Assessments

- UT-2 : Second round of unit tests are going on
- Term 2 : Exams will be held in the month of March and it will be a written exam of 3 hrs duration.
- Internal Assessment (same as term 1):Class performance, work submissions, Enrichment activities and Projects



Attendance

- Please ensure that your child attends online classes regularly. There is no substitute to classroom teaching.
- Keep a regular check on your ward's notebooks and encourage them to make submissions on time.
- Please ensure that all work is submitted and on time. Internal assessment is an important part of overall graded performance of your child.



Attendance

- ❖ Leave taken due to any other reason should be informed to the class teacher before availing it.
- ❖ If the child is taking part in any inter school competition or representing school on state or National level then the child will be granted permission and will be counted as permitted leave. The information for the same needs to be sent in advance to the class teacher via mail with the required documents.



Submissions-Exam papers



- Submitting answer sheets for exams should be done in the required format as instructed and within the given time. Re-submission of answer sheet is not allowed. In case of any connectivity issues, the subject teacher or class teacher must be informed immediately and the images of the answer sheet should be immediately mailed or sent by whatsApp which can later be converted to pdf and attached to the assignment on Google Classroom as soon as possible.

The Work Ahead

- Thank you for filling up the Language form and Friend option form. We are sure that you have made a conscious and the right choice.
- Sections are assigned to the students with a lot of care. We request the parents to value the decision and refrain from asking for a section change.



Ethics for online classes

- ❖ January 2021 onwards it is compulsory for children to wear their school uniform to attend online classes and keep their camera switched on at all times.
- ❖ Please keep a watch on online behaviour of the child. Ensure they should not write any irrelevant comments in the chat to distract the class.
- ❖ Teachers can remove the child from the meet if they indulge in any inappropriate behaviour during the online session.

Connecting Home and School

Children benefit tremendously when you help them bridge their two most important worlds-

- ▶ Regular check on website/classroom and notebooks.
- ▶ Complete home tasks on time.
- ▶ Revise the concepts done in online sessions on daily basis.



CHALLENGES FACED BY ADOLESCENTS



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- Identity crisis
- Self Esteem
- Body Image
- Anxiety
- Heightened emotions
- Peer Influence
- Online Bullying
- Sadness/ Depression
- Study pressure
- Lack of motivation
- Time management
- Relationship Issues
- Cyber addiction
- Substance abuse

MOBILE PHONES, SOCIAL MEDIA AND GAMING



- Our children are Digital Natives
- DOPAMINE rush + Artificial Intelligence = Internet/Phone all the time.
- How to use technology wisely? Stay connected not addicted.
- Lockdown --> limited the choices for recreation
- Conversation/open discussion with children plays an important role.

INTERNET SAFETY



- Be genuinely interested in your child's online life just like in their offline life.
- Keep private information PRIVATE.
- Supervision v/s Surveillance - Supervision is vital. Your child is using heavy machinery.
- Teach Internet Maturity - responsible online behaviours.

ROLE OF PARENTS



- Be a friendly parent
- Try to understand their adolescent issues
- LISTEN to their feelings- Emotional Safety
- Negotiate screen time
- Lessons from the Pandemic - What's actually important?

ROLE OF PARENTS



- Make family time fun and enjoyable
- Do not seed fear of the unknown or threaten them
- Understand & support them - not blame them
- Use affirmations in language and non-judgemental tone
- Educate yourself to educate your child

VALUES FROM HOME - A Few Suggestions For A Happy Child



- Regularity & Punctuality
- Structure the routine with enough scope for “Me time”
- Mindfulness - respecting boundaries and following rules
- Adequate sleep
- Healthy diet
- Physical exercise
- No screen time before bedtime

Queries/Questions/feedback/Concerns...

<https://bit.ly/36mLfRc>



THANK YOU



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